

# The Willows at the Kroontje Health Care Center all activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>C – Creative/Mental</b> <b>P – Physical</b> <b>PR – Productive</b> <b>S – Social</b> <b>SN – Sensory</b> <b>R – Reflective</b> <b>O-Outdoor</b>			<b>1</b> 10:00-10:30 Willows Café (S) <b>11:00-11:30 Walking Club (P)</b> 1:30-2:00 Bean Bag Toss (P) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	<b>2</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) <b>2:00-2:45 Drumming Circle with Jennifer (P)</b> 3:30-4:00 Sit and Be Fit (P) 4:00-4:45 Protestant Communion with Jim (R)	<b>3</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Trivia (C) <b>2:00-3:00 Cinco De Mayo Fiesta (S)</b> 3:00-4:00 Bingo (S) 3:30-5:15 Afternoon Movie and Popcorn (S)	<b>4</b> 10:30-11:00 Willows Café (S) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)
<b>5 Cinco De Mayo</b> 10:30-11:00 Willows Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	<b>6</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Bean Bag Toss (P) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)	<b>7</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:30-1:45 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit (P)	<b>8</b> 10:00-10:30 Willows Café (S) <b>11:00-11:30 Walking Club (P)</b> <b>2:00-3:00 Ice Cream Social (O)</b> 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	<b>9</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Adult Coloring (C) <b>2:00-2:45 Drumming Circle with Jennifer (P)</b> 3:30-4:00 Sit and Be Fit (P)	<b>10</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Trivia (C) 3:00-4:00 Bingo (S) 3:30-5:15 Afternoon Movie and Popcorn (S)	<b>11</b> 10:30-11:00 Willows Café (S) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)
<b>12 Mother's Day</b> 10:30-11:00 Willows Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Grace Covenant Presbyterian Church	<b>13</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Bowling (P) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)	<b>14</b> 10:00-10:30 Willows Café (S) <b>1:00-1:30 Men's Club (S)</b> 1:30-2:00 Hymns with Lois (R) 1:45-2:00 Pet Visit with Alf (SN) <b>2:00-2:45 Drumming Circle with Jennifer (P)</b> 3:30-4:00 Sit and Be Fit (P)	<b>15</b> 10:00-10:30 Willows Café (S) <b>11:00-11:30 Walking Club (P)</b> 1:30-2:00 Arts and Crafts (SN) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	<b>16</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) <b>2:30-3:30 Mill Mountain Zoo Presentation (C)</b> 3:30-4:00 Exercise Group (P) 4:00-4:45 Protestant Communion with Jim (R)	<b>17</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Trivia (C) <b>3:00-4:00 Rockin' with Al (S)</b> 3:30-5:15 Afternoon Movie and Popcorn (S)	<b>18</b> 10:30-11:00 Willows Café (S) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)
<b>19</b> 10:30-11:00 Willows Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	<b>20</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Jumbo Crosswords (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)	<b>21</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:30-1:45 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit (P)	<b>22</b> 10:00-10:30 Willows Café (S) <b>11:00-11:30 Walking Club (P)</b> <b>1:30-2:00 Planting a Garden (P)</b> 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	<b>23</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Baking Treats (P) <b>2:00-2:45 Drumming Circle with Jennifer (P)</b> 3:30-4:00 Sit and Be Fit (P) 4:00-5:00 Sunny Side Band (R)	<b>24</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Trivia (C) 3:00-4:00 Bingo (S) 3:30-5:15 Afternoon Movie and Popcorn (S)	<b>25</b> 10:30-11:00 Willows Café (S) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)
<b>26</b> 10:30-11:00 Willows Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Union Valley Pentecostal Church	<b>27</b> 11:00-11:30 Willows Café (S) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)	<b>28</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:00-3:00 Scenic Ride (O) 1:45-2:00 Pet Visit with Alf (SN) <b>2:00-2:30 Men's Club (S)</b> 3:30-4:00 Sit and Be Fit (P)	<b>29</b> 10:00-10:30 Willows Café (S) <b>11:00-11:30 Walking Club (P)</b> 1:30-2:00 Wine and Design (C) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	<b>30</b> 10:00-10:30 Willows Café (S) 11:00-11:30 Arts and Crafts (C) <b>2:00-2:45 Drumming Circle with Jennifer (P)</b> 3:30-4:00 Sit and Be Fit (P)	<b>31</b> 10:00-10:30 Willows Café (S) 10:30-11:00 Resident Council (P) <b>3:00-4:00 Wine and Cheese Social (S)</b> 3:30-5:15 Afternoon Movie and Popcorn (S)	