



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>May Day</i> 10:00 AM Catholic Communion (R) (Elmwood Studio 1 st Floor) <i>St. Mary's Catholic Church</i> 11:00 AM DVD Fitness (P) (Elmwood Studio 1 st Floor) 11:30 AM Lunch Trip (O) <i>Olive Garden</i> 1:30 PM TV Series (SN) (Elmwood Studio) 2:30 – 3:00 PM Seated Aerobics (P) (Dining Room 1 st Floor) 3:00 PM Helping Hands of Showalter (PR) (Elmwood Studio 1 st Floor) 4:00 PM Warm Hearth Singers Rehearsal (PR) (Karr Activity Center) 7:00 PM NRV Bird Club Meeting (PR) (Karr Activity Center)	2 <i>Holocaust Remembrance Day</i> 10:00 AM Refresher Bridge (C) (Tree Top Lounge 4 th Floor) 11:00 DVD Fitness (P) (Elmwood Studio 1 st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1 st Floor) 3:00 PM Village Center <i>Pool/Gym</i> 6:30 Game Night (C) (Elmwood Studio 1 st Floor)	3 10:00 AM Knitting & Chatting (PR) (Tree Top Lounge 4 th Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1 st Floor) 2:00 Musical Performance (R) (Karr Activity Center) <i>Robbie Vance</i> 3:00 PM 1 st Friday Social (S) (Karr Activity Center)	4 9:30 AM Morning Social (S) (Elmwood Studio 1 st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1 st Floor) 12:30 PM Bingo (C) (Karr Activity Center) 2:00 Afternoon Movie (SN) (Elmwood Studio 1 st Floor) <i>A Dog's Way Home</i>
			5 10:30 AM Church Service (R) (Karr Activity Center) <i>Hope Chapel</i> 2:00 PM Afternoon Movie (SN) (Elmwood Studio 1 st Floor) <i>One Fine Day</i> 6:45 PM Evening Worship (R) (Elmwood Studio 1 st Floor)	6 10:00 AM Coffee & Music (S) (Elmwood Studio 1 st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1 st Floor) 1:00 PM Bridge (C) (Karr Activity Center) 1:30 PM TV Series (SN) (Elmwood Studio 1 st Floor) 2:30 – 3:00 PM Seated Aerobics (P) (Dining Room 1 st Floor) 3:00 PM Warm Hearth Singers Concert (Karr Activity Center) Reception to Follow 6:45 PM Evening Movie (SN) (Elmwood Studio 1 st Floor) <i>The Monuments of Men</i>	7 11:00 Fit for Life with VC Crew (P) (Elmwood Studio 1 st Floor) 1:00 PM Samba Card Game (C) (Karr Activity Center) 1:30 PM Bingo (C) (Elmwood Studio 1 st Floor) 3:00 PM Monthly Birthday Social (S) (Elmwood Studio 1 st Floor) 4:00 PM WHV Writers Group (PR) (Conference Room 1 st Floor) 6:00 PM Mini Manicures (SN) (Elderberry Nook 3 rd Floor) 7:00 PM Biblical Journeys Bible Study (R) (Karr Activity Center) 7:30 PM WHV AA Meeting (PR) (Conference Room 1 st Floor)	8 10:00 AM Catholic Communion (R) (Elmwood Studio 1 st Floor) <i>St. Mary's Catholic Church</i> 11:00 AM DVD Fitness (P) (Elmwood Studio 1 st Floor) 1:30 PM TV Series (SN) (Elmwood Studio 1 st Floor) 2:30 – 3:00 PM Seated Aerobics (P) (Dining Room 1 st Floor) 3:00 PM Resident Council Meeting (PR) (Elmwood Studio 1 st Floor) 7:00 PM Discourse on Life & Faith (R) (Karr Activity Center)

<p>12 Mother's Day 10:30 AM Church Service (R) (Karr Activity Center) <i>Hope Chapel</i> 2:00 PM Afternoon Movie (SN) (Elmwood Studio 1st Floor) <i>To Catch A Thief</i> 6:45 PM Evening Worship (R) (Elmwood Studio 1st Floor)</p> 	<p>13 10:00 AM Coffee & Music (S) (Elmwood Studio 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 1:00 PM Bridge (C) (Karr Activity Center) 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 6:45 PM Evening Movie (SN) (Elmwood Studio 1st Floor) <i>Calendar Girls</i></p>	<p>14 11:00 Fit for Life with VC Crew (P) (Elmwood Studio 1st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 3:00 PM Bible Study (R) (Elderberry Nook 3rd Floor) 4:00 PM WHV Writers Group (PR) (Conference Room 1st Floor) 6:00 PM Mini Manicures (SN) (Elderberry Nook 3rd Floor) 7:30 PM WHV AA Meeting (PR) (Conference Room 1st Floor)</p>	<p>15 10:00 AM Catholic Communion (R) (Elmwood Studio 1st Floor) <i>St. Mary's Catholic Church</i> 10:30 AM Resident Green Committee (PR) (Carson Library New River House 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 11:30 AM Lunch Trip (O) <i>Cracker Barrel</i> 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 3:00 PM Tea Time with Nate (S) (Elmwood Studio 1st Floor)</p>	<p>16 10:00 AM Refresher Bridge (C) (Tree Top Lounge 4th Floor) 11:00 DVD Fitness (P) (Elmwood Studio 1st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 3:00 PM Village Center <i>Pool/Gym</i> 6:30 Game Night (C) (Elmwood Studio 1st Floor)</p>	<p>17 10:00 AM Knitting & Chatting (PR) (Tree Top Lounge 4th Floor) 10:00 AM Planting in the Showalter Gardens (P) (Showalter Gardens 2nd Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 2:00 PM In The Kitchen with Steve (PR) 3:00 PM Happy Hour (S) (Elmwood Studio 1st Floor)</p>	<p>18 Full Moon/Armed Forces Day 9:30 AM Morning Social (S) (Elmwood Studio 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 12:30 PM Bingo (C) (Karr Activity Center) 2:00 Afternoon Movie (SN) (Elmwood Studio 1st Floor) <i>Second Act</i></p>
<p>19 10:30 AM Church Service (R) (Karr Activity Center) <i>Hope Chapel</i> 2:00 PM Afternoon Movie (SN) (Elmwood Studio 1st Floor) <i>North by Northwest</i> 3:00 PM Church Service (R) (Karr Activity Center) <i>Gateway Baptist Church</i> 6:45 PM Evening Worship (R) (Elmwood Studio 1st Floor)</p>	<p>20 9:30 AM Podiatrist Clinic (Conference Room) 10:00 AM Coffee & Music (S) (Elmwood Studio 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 1:00 PM Hearing Aid Clinic (Conference Room) 1:00 PM Bridge (C) (Karr Activity Center) 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 3:00 PM Dementia Friends Class (C) (Elmwood Studio 1st Floor) 6:45 PM Evening Movie (SN) (Elmwood Studio 1st Floor) <i>Stan and Ollie</i></p>	<p>21 10:00 AM Church Service (R) (Elmwood Studio 1st Floor) <i>Blacksburg United Methodist Church</i> 11:00 Fit for Life with VC Crew (P) (Elmwood Studio 1st Floor) 1:00 PM Samba Card Game (C) Karr Activity Center) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 4:00 PM WHV Writers Group (PR) (Conference Room 1st Floor) 6:00 PM Mini Manicures (SN) (Elderberry Nook 3rd Floor) 7:00 PM Biblical Journeys Bible Study (R) (Karr Activity Center) 7:30 PM WHV AA Meeting (PR) (Conference Room 1st Floor)</p>	<p>22 10:00 AM Catholic Communion (R) (Elmwood Studio 1st Floor) <i>St. Mary's Catholic Church</i> 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 3:00 PM Your Health with Amanda (PR) (Elmwood Studio 1st Floor) 4:00 PM Musical Performance (R) (Main Lobby 1st Floor) <i>Sebastian on Saxophone</i></p>	<p>23 10:00 AM Refresher Bridge (C) (Tree Top Lounge 4th Floor) 11:00 DVD Fitness (P) (Elmwood Studio 1st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 3:00 PM Village Center <i>Pool/Gym</i> 6:30 Game Night (C) (Elmwood Studio 1st Floor)</p>	<p>24 10:00 AM Knitting & Chatting (PR) (Tree Top Lounge 4th Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 3:00 PM Happy Hour (S) (Elmwood Studio 1st Floor)</p>	<p>25 9:30 AM Morning Social (S) (Elmwood Studio 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 2:00 Afternoon Movie (SN) (Elmwood Studio 1st Floor) <i>Heaven Is For Real</i></p>
<p>26 10:30 AM Church Service (R) (Karr Activity Center) <i>Hope Chapel</i> 2:00 Afternoon Movie (SN) (Elmwood Studio 1st Floor) <i>King Kong</i> 6:45 PM Evening Worship (R) (Elmwood Studio 1st Floor)</p>	<p>27 Memorial Day 10:00 AM Coffee & Music (S) (Elmwood Studio 1st Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 1:00 PM Bridge (C) (Karr Activity Center) 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 3:00 PM Musical Performance (R) (Main Lobby 1st Floor) <i>Pat Fullen on Harp</i> 6:45 PM Evening Movie (SN) (Elmwood Studio 1st Floor) <i>Max</i></p> 	<p>28 10:00 AM Communion Service (R) (Elmwood Studio 1st Floor) <i>Presbyterian Church</i> 11:00 Fit for Life with VC Crew (P) (Elmwood Studio 1st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 3:00 PM Bible Study (R) (Elderberry Nook 3rd Floor) 4:00 PM WHV Writers Group (PR) (Conference Room 1st Floor) 6:00 PM Mini Manicures (SN) (Elderberry Nook 3rd Floor) 6:30 PM American Legion (PR) (Karr Activity Center) 7:30 PM WHV AA Meeting (PR) (Conference Room 1st Floor)</p>	<p>29 10:00 AM Catholic Communion (R) (Elmwood Studio 1st Floor) <i>St. Mary's Catholic Church</i> 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 1:30 PM TV Series (SN) (Elmwood Studio 1st Floor) 3:00 PM Activity Planning Meeting (PR) (Elmwood Studio 1st Floor) 4:00 PM Warm Hearth Singers Meet & Greet (Karr Activity Center)</p>	<p>30 10:00 AM Refresher Bridge (C) (Tree Top Lounge 4th Floor) 11:00 DVD Fitness (P) (Elmwood Studio 1st Floor) 1:30 PM Bingo (C) (Elmwood Studio 1st Floor) 3:00 PM Village Center <i>Pool/Gym</i> 6:30 Game Night (C) (Elmwood Studio 1st Floor)</p>	<p>31 10:00 AM Knitting & Chatting (PR) (Tree Top Lounge 4th Floor) 11:00 AM DVD Fitness (P) (Elmwood Studio 1st Floor) 3:00 PM Happy Hour (S) (Elmwood Studio 1st Floor)</p>	<p>Calendar Codes</p> <p>P – Physical R – Reflective SN – Sensory C – Cognitive PR – Productive S – Social O – Outing</p> <p>For questions regarding Life Enrichment Programs or Volunteer Opportunities, please contact Jonathan Tate at 540-443-0407 or jtate@warmhearth.org</p>