

The Cove at the Kroontje Health Care Center all activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR – Activity Room LR – Living Room NS – Nursing Station O – Outside LY – Library W-Willows DR-Dining Room WDR –Willows Dining Room			1 10:00-10:30 Cove Café (DR) 11:00-11:30 Walking Club (O) 1:30-2:00 Nail Treatment (AR) 3:00-4:00 Bingo (DR) 4:00-4:30 Musical Performance George on Clarinet (NS)	2 10:00-10:30 Cove Café (DR) 10:30-11:00 Trivia (DR) 1:00-1:30 Mobile Activity Cart (H) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Exercise Class (W) 4:00-4:45 Protestant Communion with Jim (AR)	3 9:15-9:45 Hymns with Lois (NS) 10:00-10:30 Cove Café (DR) 2:00-3:00 Cinco De Mayo Fiesta (S) 3:00-4:00 Bingo (DR) 4:00-5:30 Afternoon Movie and Popcorn (S)	4 10:00-10:30 Cove Café (DR) 3:00-4:00 Bingo (DR)
5 Cinco De Mayo 10:00-10:30 Cove Café (DR) 3:00-3:30 Game Time (DR) 4:00-4:45 Church Service (DR) Blacksburg Christian Fellowship	6 10:00-10:30 Cove Café (AR) 11:00-11:30 Trivia (C) 1:30-2:00 Adult Coloring (C) 3:00-4:00 Bingo (DR)	7 10:00 Cove Café (AR) 10:30-11:00 Game Time (C) 1:00-1:30 Pet Visit with Alf (SN) 3:30-4:00 Exercise Class (Willows)	8 10:00-10:30 Cove Café (AR) 11:00-11:30 Walking Club (O) 1:30-2:00 Nail Treatment (AR) 2:00-3:00 Ice Cream Social (O) 3:00-4:00 Bingo (DR) 4:00-4:30 Musical Performance George on Clarinet (NS)	9 10:00-10:30 Cove Café (AR) 11:00-11:30 Balloon Toss (AR) 1:00-1:30 Mobile Activity Cart (H) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Exercise Class (W)	10 10:00-10:30 Cove Café (AR) 11:00-11:30 Horse Shoes (AR) 1:30-2:00 Adult Coloring (AR) 3:00-4:00 Bingo (DR) 4:00-5:30 Afternoon Movie and Popcorn (S)	11 10:00-10:30 Cove Café (AR) 3:00-4:00 Bingo (DR)
12 Nursing Home Week Mother's Day 10:00-10:30 Cove Café (AR) 3:00-3:30 Game Time (AR) 4:00-4:45 Church Service (DR) Grace Covenant Presbyterian Church	13 Nursing Home Week 10:00-10:30 Cove Café (AR) 11:00-11:30 Ring Toss (P) 1:30-2:00 Trivia (C) 3:00-4:00 Grab Bag Bingo (DR)	14 Nursing Home Week 10:00-10:30 Cove Café (AR) 11:00-11:30 Arts and Crafts (AR) 1:00-1:30 Pet Visit with Alf (SN) 2:00-2:45 Drumming Circle with Jennifer (Willows) 3:30-4:00 Exercise Class (Willows)	15 Nursing Home Week 10:00-10:30 Cove Café (AR) 11:00-11:30 Walking Club (O) 1:30-2:00 Nail Treatment (AR) 2:00-3:00 Fried Apple Pies (AR) 3:00-3:30 Birthday Social (Willows) 4:00-4:30 George on Clarinet (NS)	16 Nursing Home Week 10:00-10:30 Cove Café (AR) 11:00-11:30 Adult Coloring (C) 2:30-3:30 Mill Mountain Zoo Presentation (Willows) 3:30-4:00 Sit and Be Fit (W) 4:00-4:45 Protestant Communion with Jim (AR)	17 Nursing Home Week 10:00-10:30 Cove Café (AR) 11:00-11:30 Finish the Line (AR) 12:00-1:00 Pizza Party (S) 3:00-4:00 Rockin' with Al (DR) 4:00-5:30 Afternoon Movie and Popcorn (S)	18 Nursing Home Week 10:00-10:30 Cove Café (AR) 3:00-4:00 Grab Bag Bingo (DR)
19 10:00-10:30 Cove Café (AR) 3:00-3:30 Game Time (AR) 4:00-4:45 Church Service (DR) Blacksburg Christian Fellowship	20 10:00-10:30 Cove Café (AR) 11:00-11:30 Activity Planning Meeting 1:30-2:00 Adult Coloring (C) 3:00-4:00 Bingo (DR)	21 10:00-10:30 Cove Café (AR) 11:00-11:30 Cooking (AR) 1:00-1:30 Pet Visit with Alf (SN) 1:30-3:00 Scenic Ride 3:30-4:00 Exercise Class (Willows)	22 10:00-10:30 Cove Café (AR) 11:00-11:30 Walking Club (O) 1:30-2:00 Nail Treatment (AR) 3:00-4:00 Bingo (DR) 4:00-4:30 Musical Performance George on Clarinet (NS)	23 10:00-10:30 Cove Café (AR) 11:30-2:00 Lunch Outing (O) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit (W) 4:00-5:00 Musical Performance Sunny Side Band (WDR)	24 10:00-10:30 Cove Café (AR) 11:00-11:30 Jumbo Crossword (AR) 1:30-2:00 Balloon Toss (AR) 3:00-4:00 Bingo (DR) 4:00-5:30 Afternoon Movie and Popcorn (S)	25 10:00-10:30 Cove Café (AR) 3:00-4:00 Bingo (DR)
26 10:00-10:30 Cove Café (AR) 3:00-3:30 Game Time (AR) 4:00-4:45 Church Service (DR) Union Valley Pentecostal Church	27 10:00-10:30 Cove Café (AR) 1:30-2:00 Adult Coloring (AR) 3:00-4:00 Bingo (DR)	28 10:00-10:30 Cove Café (AR) 11:00-11:30 Planting a Garden (P) 1:00-1:30 Pet Visit with Alf (SN) 3:30-4:00 Exercise Class (Willows)	29 10:00-10:30 Cove Café (AR) 11:00-11:30 Walking Club (O) 1:30-2:00 Nail Treatment (AR) 3:00-4:00 Bingo (DR) 4:00-4:30 Musical Performance George on Clarinet (NS)	30 10:00-10:30 Cove Café (AR) 11:00-11:30 Game Time (C) 1:00-1:30 Mobile Activity Cart (H) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Exercise Class (Willows)	31 10:00-10:30 Cove Café (AR) 11:00-11:30 Resident Council (AR) 1:30-2:00 Balloon Toss (AR) 3:00-4:00 Wine and Cheese Social (DR) 4:00-5:30 Afternoon Movie and Popcorn (S)	