

The Arbor at the Kroontje Health Care Center all activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		C – Creative/Mental P – Physical PR – Productive S – Social SN – Sensory R – Reflective O - Outdoor	1 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (O) 2:00-2:30 Puzzles (C) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	2 9:30-10:00 Arbor Café (S) 10:30-11:00 Game Time (C) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit (P) 4:00-4:45 Protestant Communion with Jim (R)	3 9:30-10:00 Arbor Café (S) 10:30-11:00 Adult Color (C) 2:00-3:00 Cinco De Mayo Fiesta (S) 3:00-4:00 Bingo 3:30-5:15 Afternoon Movie and Popcorn (S)	4 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
5 Cinco De Mayo 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	6 9:30-10:00 Arbor Café (S) 10:30-11:00 Puzzles (C) 2:00-2:30 Adult Coloring (P) 3:00-4:00 Bingo (S) 4:15-5:15 Trivia (C)	7 9:30-10:00 Arbor Café (S) 10:30-11:00 Playing Uno (C) 1:45-2:00 Pet Visit with Alf (SN) 2:15-3:00 Men's Club (S) 3:30-4:00 Sit and Be Fit (P) 4:15-4:45 Nail Treatment (SN)	8 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (O) 2:00-3:00 Ice Cream Social (O) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	9 9:30-10:00 Arbor Café (S) 10:30-11:00 Horse Shoes (P) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit (P) 4:45-5:15 Finish the Line (C)	10 9:30-10:00 Arbor Café (S) 10:30-11:00 Sensory Time (SN) 2:00-2:30 Bowling (P) 3:00-4:00 Bingo 3:30-5:15 Afternoon Movie and Popcorn (S)	11 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
12 Mother's Day 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Grace Covenant Presbyterian Church	13 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:30 Wine and Design (C) 3:00-4:00 Bingo (S) 4:15-5:15 Trivia (C)	14 9:30-10:00 Arbor Café (S) 10:30-11:00 Reading with Anna (C) 1:30-2:00 Hymns with Lois (R) 1:45-2:00 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit (P) 4:15-4:45 Nail Treatment (SN)	15 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (O) 2:00-2:45 Fried Apple Pies (P) 3:30-4:00 Birthday Social (PR) 4:45-5:15 Musical Performance (R) George on Clarinet	16 9:30-10:00 Arbor Café (S) 10:30-11:00 Adult Coloring (P) 2:30-3:30 Mill Mountain Zoo Presentation (Willows) 3:30-4:00 Sit and Be Fit (P) 4:00-4:45 Protestant Communion with Jim (R)	17 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 3:00-4:00 Rockin' with Al (S) 3:00-4:00 Bingo 3:30-5:15 Afternoon Movie and Popcorn (S)	18 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
19 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	20 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 2:00-2:30 Bowling (P) 3:00-4:00 Bingo (S) 4:15-5:15 Trivia (C)	21 9:30-10:00 Arbor Café (S) 10:30-11:00 Adult Coloring (P) 1:45-2:00 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit (P) 4:15-4:45 Nail Treatment (SN)	22 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (O) 2:00-2:30 Sensory Time (SN) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	23 9:30-10:00 Arbor Café (S) 10:30-11:15 Baking Treats (P) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit (P) 4:00-5:00 Musical Performance Sunny Side Band (R)	24 9:30-10:00 Arbor Café (S) 10:30-11:00 Bean Bag Toss (P) 2:00-2:30 Planting a Garden (P) 3:00-4:00 Bingo 3:30-5:15 Afternoon Movie and Popcorn (S)	25 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
26 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Union Valley Pentecostal Church	27 9:30-10:00 Arbor Café (S) 2:00-2:45 Puzzles (C) 3:00-4:00 Bingo (S) 4:15-5:15 Memorial Day Trivia (C)	28 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 1:00-3:00 Scenic Ride (O) 1:45-2:00 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit (P) 4:15-4:45 Nail Treatment (SN)	29 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (O) 2:00-2:30 Adult Coloring (P) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance (R) George on Clarinet	30 9:30-10:00 Arbor Café (S) 10:30-11:00 Playing Uno (C) 2:00-2:45 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit (P) 4:45-5:15 Finish the Line (C)	31 9:30-10:00 Arbor Café (S) 10:30-11:00 Gardening Club (P) 2:00-2:30 Horse Shoes (P) 3:00-4:00 Wine and Cheese Social (S) 3:30-5:15 Afternoon Movie and Popcorn (S)	