

The Willows at the Kroontje Health Care Center All activities are 30-60 minutes in length. Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O – Outdoor I-Independent</p>						<p>1</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>
<p>2</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Adult Coloring (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship</p>	<p>3</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Adult Coloring (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	<p>4</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Arts and Crafts (C) 1:30-1:45 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit Class (P)</p>	<p>5</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Walking Club (P) 1:00-1:30 Activity Cart (I) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)</p>	<p>6</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:30-2:00 Drumming Circle with Jennifer (P) 1:30-2:00 Trivia (C) 3:30-4:00 Sit & Be Fit Class (P) 4:00-4:45 Communion (R)</p>	<p>7</p> <p>10:00-10:30 Willows Café (S) 10:30-11:00 Trivia (C) 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie and Popcorn (S)</p>	<p>8</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	
<p>9</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Adult Coloring (C) 4:00-4:45 Church Service (R) Grace Covenant Presbyterian Church</p>	<p>10</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Bean Bag Toss (P) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	<p>11</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:30-1:45 Pet Visit (SN) 1:30-2:00 Hymns with Lois (R) 3:30-4:00 Sit & Be Fit Class (P)</p>	<p>12</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Walking Club (P) 1:00-1:30 Activity Cart (I) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)</p>	<p>13</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Arts and Crafts (C) 1:30-2:30 Dementia Friends Training (C) 3:30-4:00 Sit and Be Fit Class (P)</p>	<p>14</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Trivia (C) 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie and Popcorn (S)</p>	<p>15</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	
<p>16</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Adult Coloring (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship</p>	<p>17</p> <p>10:00-10:30 Willows Café (S) 10:30-11:00 Activity Planning Meeting (P) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	<p>18</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:30-1:45 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit Class (P)</p>	<p>19</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Walking Club (P) 1:00-1:30 Activity Cart (I) 3:00-3:30 Birthday Social (P) 4:45-5:15 Musical Performance George on Clarinet (R)</p>	<p>20</p> <p>10:00-10:30 Willows Café (S) 11:00 Lunch Outing (O) 1:30-2:00 Drumming Circle with Jennifer (P) 3:30-4:00 Sit and Be Fit Class (P) 4:00-4:45 Protestant Communion (AR)</p>	<p>21</p> <p>10:00-10:30 Willows Café (S) 10:30-11:00 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie and Popcorn (S)</p>	<p>22</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	
<p>23</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Adult Coloring (C) 4:00-4:45 Church Service (R)</p> <p>30</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Adult Coloring (C) 4:00-4:45 Church Service (R)</p>	<p>24</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Game Time (C) 1:30-2:00 Men's Club (S) 3:00-4:00 Bingo (S)</p>	<p>25</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Nail Treatment (SN) 1:00-2:30 Scenic Ride (O) 1:30-1:45 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit Class (P)</p>	<p>26</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Walking Club (P) 1:00-1:30 Activity Cart (I) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)</p>	<p>27</p> <p>10:00-10:30 Willows Café (S) 11:00-11:30 Arts and Crafts (C) 1:30-2:00 Drumming Circle with Jennifer (P) 3:30-4:00 Sit & Be Fit Class (P) 4:00-5:00 Musical performance (R) Sunny Side Band</p>	<p>28</p> <p>10:00-10:30 Willows Café (S) 10:30-11:00 Resident Council (P) 3:00-4:00 Wine and Cheese Social (S) 4:00-5:15 Afternoon Movie and Popcorn (S)</p>	<p>29</p> <p>11:00-11:30 Willows Café (S) 11:30-12:00 Trivia (C) 1:30-2:00 Game Time (C) 3:00-4:00 Bingo (S)</p>	

