



The Arbor at the Kroontje Health Care Center All activities are 30-60 minutes in length. Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O - Outdoor					1 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 2:00-2:30 Balloon Ball (P) 2:45-4:00 Afternoon Movie and Popcorn (S)
2 9:00-9:30 Morning Music 9:30-10:00 Arbor Café (S) 1:00-1:30 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	3 9:30-10:00 Arbor Café (S) 10:30-11:00 Playing Uno (C) 2:00-2:45 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	4 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 1:45-2:00 Pet Visit (SN) 3:30-4:00 Sit & Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	5 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (P) 2:00-2:30 Gardening Club (O) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)	6 9:30-10:00 Arbor Café (S) 10:30-11:00 Adult Coloring (C) 1:30-2:00 Drumming Circle with Jen (P) 2:00-2:30 Arts and Crafts (C) 3:30-4:00 Sit and Be Fit Class (P) 4:00-4:45 Communion (R)	7 9:30-10:00 Arbor Café (S) 10:30-11:00 Bowling (P) 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie (S)	8 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 2:00-2:30 Balloon Ball (P) 2:45-4:00 Afternoon Movie and Popcorn (S)
9 9:00-9:30 Morning Music 9:30-10:00 Arbor Café (S) 1:00-1:30 Trivia (C) 4:00-4:45 Church Service (R) Grace Covenant Presbyterian Church	10 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:45 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Finish the Line (C)	11 9:30-10:00 Arbor Café (S) 10:30-11:00 1:00-2:30 Scenic Ride (O) 1:45-2:00 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	12 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (P) 2:00-2:30 Gardening Club (O) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)	13 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 1:30-2:00 Drumming Circle with Jen (P) 3:30-4:00 Sit and Be Fit Class (P) 4:45-5:15	14 9:30-10:00 Arbor Café (S) 10:30-11:00 2:00-2:30 Men's Club (S) 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie (S)	15 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 2:00-2:30 Balloon Ball (P) 2:45-4:00 Afternoon Movie and Popcorn (S)
16 9:00-9:30 Morning Music 9:30-10:00 Arbor Café (S) 1:00-1:30 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	17 9:30-10:00 Arbor Café (S) 10:30-11:15 Cooking with Patricia (P) 2:00-2:45 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	18 9:30-10:00 Arbor Café (S) 10:30-11:00 1:30-2:00 Drumming Circle with Jennifer (P) 1:45-2:00 Pet Visit (SN) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	19 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (P) 2:00-2:30 Gardening Club (O) 3:30-4:00 Birthday Social (S) 4:45-5:15 Musical Performance George on Clarinet (R)	20 9:30-10:00 Arbor Café (S) 10:30-11:00 Bowling (P) 1:30-2:00 Drumming Circle with Jen (P) 3:30-4:00 Sit & Be Fit Class (P) 4:00-4:45 Protestant Communion (R)	21 9:30-10:00 Arbor Café (S) 10:30-10:30 Playing Uno (C) 2:00-2:30 3:00-4:00 Bingo (S) 4:00-5:15 Afternoon Movie (S)	22 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 2:00-2:30 Balloon Ball (P) 2:45-4:00 Afternoon Movie and Popcorn (S)
23 9:00-9:30 Morning Music 9:30-10:00 Arbor Café (S) 1:00-1:30 Trivia (C) 4:00-4:45 Church Service (R) 30 9:00-9:30 Morning Music 9:30-10:00 Arbor Café (S) 1:00-1:30 Trivia (C) 4:00-4:45 Church Service (R)	24 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:45 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Finish the Line (C)	25 9:30-10:00 Arbor Café (S) 10:30-11:00 1:45-2:00 Pet Visit with Alf (SN) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	26 9:30-10:00 Arbor Café (S) 11:00-11:30 Walking Club (P) 2:00-2:30 Gardening Club (O) 3:00-4:00 Bingo (S) 4:45-5:15 Musical Performance George on Clarinet (R)	27 9:30-10:00 Arbor Café (S) 10:30-11:00 Game Time (C) 1:30-2:00 Drumming Circle with Jen (P) 3:30-4:00 Sit and Be Fit Class (P) 4:00-5:00 Sunny Side Band (R)	28 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 3:00-4:00 Wine and Cheese Social (S) 4:00-5:15 Afternoon Movie (S)	29 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 2:00-2:30 Balloon Ball (P) 2:45-4:00 Afternoon Movie and Popcorn (S)

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