

Living and Learning Together



\$ = additional cost

 = transportation available

 = music event

Fitness Center

Exercise & Aquatic Classes

E - Exercise Studio P - Pool

Monday

- 9:00a - Fit For Life (E)
- 10:00a - Gentle Yoga (E)
- 11:00a - Rejuvenation(E)
- 10:30a - Arthritis Aquatics (P)
- 12:00p - Rock Steady Boxing (E)*
- 1:00p - Rock Steady Boxing (E)*
- 1:00p - Pool Volleyball (P)
- 2:00p - Posture, Balance & Gait (E)

Tuesday

- 8:00a - Tai Chi (E)
- 9:30a - Aqua Mix (P)
- 11:00a - Chair Yoga (E)
- 12:00p - Rock Steady Boxing (E)*
- 1:00p - Rock Steady Boxing (E)*
- 2:00p - Aqua Fit (P)
- 3:00p - Ballroom Dance Class (E)
- 3:00p - Pickle Ball
- 4:00p - Water Walking (P)

Wednesday

- 7:15a - Gentle Yoga (E)
- 9:00a - Fit For Life (E)
- 10:30a - Arthritis Aquatics (P)
- 12:00p - Rock Steady Boxing (E)*
- 1:00p - Rock Steady Boxing (E)*
- 2:00p - Posture, Balance & Gait (E)
- 1:00p - Pool Volleyball (P)
- 4:15p - Ai Chi (P)

Thursday

- 9:30a - Aqua Mix (P)
- 10:30a - Moving with Music (E)
- 11:00a - Chair Yoga (E)
- 12:00p - Rock Steady Boxing (E)*
- 1:00p - Rock Steady Boxing (E)*
- 2:00p - Aqua Fit (P)
- 3:00p - Pickle Ball

Friday

- 9:00a - Fit For Life (E)
- 11:00a - Rejuvenation (E)
- 10:30a - Arthritis Aquatics (P)
- 2:00p - Posture, Balance & Gait (E)

Saturday

- 10:00a - Ai Chi (P)

Last Saturday of each month

- 12:00-2:00p - Family Swim Time

* Advance registration required for this class. Call 443-3474

3,10,17 September

Tuesdays, 5:00-8:00 PM

Dinner at the Cafe

Enjoy a delightful dinner with Lynn and her staff at the Huckleberry Cafe. You can see a menu at the cashier area of the cafe. **The deadline for reservations is 2:00 PM Monday** to allow for proper staffing and food for everyone. Walk-ins are always welcome, but we could be out of some items.

To make reservations, call the Huckleberry Cafe at 443-3801, email Lynn at lepperly@warmhearth.org, or Emily at ewren@warmhearth.org.

*Note - there is NO dinner on September 24 due to another event.

4 September

Wednesday, 11:30 AM

Out to Lunch - O'Charley's

Reserve your spot in advance by calling the transportation line. Pick up will begin at 11:00 AM. Transportation will arrive at the restaurant around 11:30 AM, and home around 1:00 PM.

Transportation available. Call 552-2419.

4 September

Wednesday, 3:00-4:30 PM

Taste of Argentina - Tango Dancing Instruction & Performance

A unique opportunity to understand some of the culture and mystique behind this beautiful dance. We glimpse into the history as we follow the evolution of Argentine Tango. Karen and Tate will guide you on a stimulating journey through this multimedia presentation, demonstrating, live, the styles and evolution of Tango dancing, while explaining some of the intricacies of the dance. We discuss and listen to the beautiful and complex Tango music, including a demonstration and description of the classic Tango instrument called a bandoneon. We also present, throughout the program, three short video segments that we have produced, offering a brief history. They will transport you into the Argentine culture and times long past, bringing you forward to present day Tango. Watch a promotional video to understand better what this program looks like:

www.youtube.com/watch?v=NAeq8KdBLpk&feature=youtu.be

Transportation available. Call 552-2419.

\$

Tall Oaks Hall
Village Center

\$ 

Off Campus



Karr Activity Center

WHV Fitness Center

443-3474

Regular Fitness Center Hours

Mon-Fri: - 7:00 am - 6:00 pm

Saturday: 10:00 am - 2:00 pm

Sunday: Closed

Remember to enter through the Fitness Center entrance on the side of the Village Center on Saturdays.

Clubs, Groups, & Ongoing Activities

American Legion

4th Tuesday of each month

6:30 PM

Karr Activity Center

BINGO Games

Every Tuesday & Thursday

1:30 PM

Showalter Center, Elmwood Studio

Contact: Jonathan Tate

443-0407

Every Mon / Wed / Fri / Sat

3:00 PM

Kroontje Health Care Center

Contact: Jordan Benedict

443-3411

1st & 3rd Saturdays of each month

12:30-2:30 PM

Karr Activity Center

Contact: Cheryl Pearson

cnspearson1@gmail.com

Bird Club - resumes September 4th

1st Wednesday of each month

7:00 PM

Karr Activity Center

Contact: Jana Ruble at

nrvbirdclub@yahoo.com

Book Club

3rd Wednesday of each month

2:00-4:00 PM

Village Center, Woodland Studio

Contact: Nancy Thomas at

(804)514-0057 or

nantom200@gmail.com.

Breakfast Clubs

WOMEN - 1st Friday of each month

MEN - 4th Friday of each month

9:30 AM

Village Center, Woodland Studio

Contact: Mardy Baker

443-3434

5,12,19,26

September

Thursdays, 10:00-11:00 AM

Tall Oaks Hall

Village Center

Headline News - Discussion Group

Every Thursday, discuss top stories and launch into a rich and engaging conversation with attendees. All points of view are welcome and all opinions are respected. Coffee is provided.

5

September

Thursday, 2:00-3:00 PM

Karr Activity Center

Belly Dancing for Fun

No matter your size, shape, or age, this class is for you! Get your joints and body moving in a non-judgemental environment full of fun and laughter. Mardy Baker, a former novice belly dancer, will take you through the basics of this traditional dance focusing on fun and movement. Class size is limited to 12, but able to grow with interest. Jingle hip and swirling scarves will be provided. Please wear clothing you can move in. Dance is taught barefoot, but socks or athletic shoes are okay. A DVD and live teacher instruction are used. If you come to watch, you will be asked to participate – no exceptions! Grab a friend and get ready to have a great time!

To sign up for this opportunity, please contact Mardy Baker at mbaker@warmhearth.org or 443-3434.

6

September

Friday, 9:30-10:30 AM



Woodland Studio

Village Center

Women's Breakfast Club

Enjoy provided coffee and pastries with your neighborhood ladies for morning social time at the Village Center. It is a great time to meet new neighbors, or connect with others from across the way.

*Note - The Men's Breakfast Club occurs on the 4th Friday of the month.

Transportation available. Call 552-2419.

6

September

Fridays, 11:30 AM - 1:00 PM

Tall Oaks Hall

Village Center

Lifelong Learning Institute - First Friday's Lunch

Here's a new way to connect with Virginia Tech's Lifelong Learning Institute members. Join us for soup/salad/sandwich lunches at Warm Hearth Village on the following Fridays:

September 6, October 4, and November 1. There is no

agenda other than visiting and making new friends. Non-

members are also welcome and can sign up with the Village

Center cafe by the Thursday prior to the Friday lunch. The cost is \$10.50 per person.

Bridge Game

Every Monday
1:00 PM
Karr Activity Center
Contact: Ted Ake
951-0472

Bridge Lessons

Every Thursday
10:00 AM
Showalter Center, 4th floor lobby
Contact: Jonathan Tate
443-0407

Coffee Socials

Third Floor Day Rooms of

N. Trolinger

Tuesdays, 10:00-10:45 AM

New River House

Tuesdays, 3:30-4:15 PM

S. Trolinger

Saturdays, 12:45-1:30 PM

Genealogy Research Group

2nd Friday of each month

1:00 PM

Village Center, Woodland Studio

Contact: Steve Leist

443-3810

Knitting and Chatting

Every Friday

10:00 AM

Showalter Center, 4th floor lobby

Contact: Jonathan Tate

443-0407

Mindfulness Class (NEW!)

Every Monday

4:00 PM

Fitness Center, Village Center

Instructor: Zed Hrubec

Resident Green Committee

3rd Tuesday of each month

10:00 AM

Carson Library

Contact: Lyn Day

dayweave@gmail.com

"Samba" Card Game

First & Third Tuesdays

1:00-3:30 PM

Karr Activity Center

Trail Walks

2nd & 4th Tuesdays of each month

Walks start at 9:30 AM

Meet at Oakland Square mailboxes

Contact: Janet Steger

jbstege@vt.edu, 540-552-6011

6

September

Friday, 2:00-3:00 PM



Karr Activity Center

Sing-A-Long with Robbie & Betty

Robbie and Betty Vance will play your favorite tunes and old-time gospel music. Feel free to request popular songs and join in the sing-a-long. Robbie and Betty will lead us into our First Friday Social with a round of Happy Birthday for those with birthdays. All are welcome!

Transportation available. Call 552-2419.

6

September

Friday, 3:00-4:00 PM



Karr Activity Center

First Fridays Social

We will celebrate birthdays, your neighbors, friends, and life in general. Refreshments include cake and ice cream, beverages, cheese, and other seasonal favorites. All are welcome!

Transportation available. Call 552-2419.

10

September

Tuesday, 2:30 PM



Elmwood Studio

Showalter Center

Dutch Apple Pie Bake & Campfire

Sing-a-long

Join us for this delicious recognition of our Dutch roots! During this 45th Anniversary celebration, we will make "Dutch" apple pies from scratch. We will provide all ingredients and modern tools to make our work easier. As pies begin to bake we will gather in the Showalter Lobby to join in song with childhood tunes like "You are my sunshine". Once the pies are baked, we will serve them with fresh vanilla ice cream. You may also choose to take yours home for later. **Contact Jonathan Tate at 443-0407 for more information or to assist in the set up. Don't miss this deliciously fun event!**

Transportation available. Call 552-2419.

Village Quilters

3rd Monday of each month

2:00 - 4:00 PM

Village Center, Woodland Studio

Contact: Lynn Martin at 320-7258 or
lhmartin721@me.com.

Warm Hearth Singers

Every Wednesday (starting 9/11/19)

Karr Activity Center

4:00 - 5:00 PM

Writer's Group

Every Tuesday

4:00 PM

Showalter Center, Elmwood Studio

Contact: Joyce Ackermann

961-1202

Support Groups

Alzheimer's Support Group

1st & 3rd Fridays of each month

3:00 PM

Village Center, Woodland Studio

Contact: Nicole Long

443-3450

Memory Cafe

Last Thursday of each month

1:30-2:30 PM

Village Center, Living Room

Contact: Laura Peery

lpeery@warmhearth.org

Parent Bereavement Support Group

A community-wide support group for bereaved parents and grandparents who have lost an adult or adolescent child.

2nd Monday of each month

6:00-7:00 PM

Unitarian Universalist Congregation

1301 Gladewood Dr., Blacksburg

For more information:

Call Katherine 230-8154

or Lisa 257-3612

Religious Opportunities

Bible Study with Pat Oliver

Every Wednesday

Carson Library, 9:30 AM

Contact: Maggie Jones, 961-2277

Hope Chapel Worship Service

Every Sunday

Karr Activity Center, 10:30 AM

Biblical Journeys - Joe Volpi

First & Third Tuesdays of each month

Karr Activity Center, 7:00 PM

10

September

Tuesday, 7:00-8:30 PM

Woodland Studio

Village Center

Native Plant Society - Tree Islands at Alpine Zones of Glacier National Park, Montana

Dr. Lynn Resler is in the Geography department at Virginia Tech. She has research sites scattered around the U.S., including in the Dolly Sods area of West Virginia. Her talk will focus on research at Glacier National Park. Clusters of trees surrounded by a dissimilar type of vegetation are known as 'tree islands'. Vegetation patterns at ecotones, including alpine treelines, are often comprised of tree islands. In this talk she will examine the flora, biodiversity, and pattern-process relationships of tree islands at alpine treelines in Glacier National Park, Montana, where trees are close to their environmental limits.

Anyone in the public is welcome to attend. For more information contact the president, Brenda Graff, at graff_brenda@hotmail.com.

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September

Friday, 1:00-2:15 PM

Woodland Studio

Village Center

Genealogy Research Group - Your Ancestors in Naturalization Records

Naturalization records disclose many answers to questions about your immigrant ancestors. This month we will learn about the different types of naturalization records, where to find them, and how to use them. Genealogists at any level of experience will find this information useful. Following the 20-minute video we will have time to share our own questions, experiences, and tips relating to the topic. For more information, contact Liz Ackermann at teashanty@me.com.

15

September

Sunday, Seatings at

10:30 AM & 12:30 PM

Sunday Brunch

Enjoy a delightful brunch with Lynn and her staff at the Huckleberry Cafe. You can see a menu at the cashier area of the Cafe. The deadline for reservations is 2:00 PM the prior Friday to allow for proper staffing and food for everyone. Walk-ins are always welcome, but we could be out of some items.

To make reservations, call the Huckleberry Cafe at 443-3801, email Lynn at lepperly@warmhearth.org, or Emily at ewren@warmhearth.org.

\$

Tall Oaks Hall

Village Center

**Protestant Communion by
Blacksburg Christian Fellowship**
1st & 3rd Thursdays of each month
Kroontje Health Care Center
4:00 PM
Contact: Jordan Benedict, 443-3411

Catholic Communion
Every Tuesday
Kroontje Health Care Center
10:00 AM
Contact: Jordan Benedict, 443-3411

Union Valley Pentecostal Singing
3rd Thursday of each month
Kroontje Health Care Center
6:00 PM
Contact: Jordan Benedict, 443-3411

Catholic Scripture Study
Every Thursday
New River House, 10:45 AM
Contact: Catherine Merola, 961-1246

Blacksburg United Methodist
3rd Tuesday of each month
Showalter Center, Elmwood Studio
10:00 AM
Contact: Pastor J. Fletcher, 552-5424

Episcopal Communion
2nd Thursday of each month
Showalter Center, Elmwood Studio
10:00 AM
Contact: Rev. Scott West, 552-2411

Catholic Communion
Every Wednesday
Showalter Center, Elmwood Studio
10:00 AM
Contact: Jonathan Tate, 443-0407

Investigate the Bible
2nd & 4th Tuesdays of each month
Showalter Center, 3rd floor lobby
3:00 PM
Contact: Chris Hutchinson, 552-3364

**Communion Service -
Presbyterian Church**
4th Tuesday of each month
Showalter Center, Conference Room
10:00 AM
Contact: Jonathan Tate, 443-0407

**20
September**
Friday, 4:00-5:00 PM



**Tall Oaks Hall
Village Center**

Story Hour / Happy Hour

Richard Shepherd, MD, retired physician and resident (along with his wife Laurie) of WoodsEdge for five years, will speak about his unusual path in life, from English major to Naval Flight officer flying the F-4 Phantom aboard an aircraft carrier, to medical student to ER doctor. Many of you have seen the movie *An Officer and a Gentleman* and *Topgun*, which depict a somewhat fictionalized picture of flight training, and a myriad of TV shows about life in an ER. Dr. Shepherd will speak on what it was like in real life. He will also speak on the origins of rescue squads and the training and skills of the men and women who are the "first responders" we hear so much about when accidents or disasters happen.

SAVE THE DATE

Christmas Card Class Registration Deadline - September 15

Instructors: Melissa Matusevich and her assistant Judy Barylske

Come join the fun for this special class where you will create twenty beautiful Christmas cards with envelopes. Each participant will receive all materials.

Where: Karr Center

When: Thursday, November 7th from 1:00 – 3:00 PM.

Cost: \$30 (This includes all materials, use of tools and supplies and instruction.)

To participate in this class, please remit \$30 (cash or check) to Melissa by September 15th so materials can be ordered for the class. Please mail payment to this address:

Melissa Matusevich
3008 Stradford Lane
Blacksburg, VA 24060

Phone: 540-553-5653
Email: melissa@vt.edu

Be sure to include your name and the names of anyone who will be accompanying you. Class size is limited to twenty participants. Non-residents of Warm Hearth Village are welcome to attend.

Resident Appreciation Fall Festival

Friday, September 20, 11:00 AM - 3:00 PM
Kroontje Health Care Center Parking Lot

We welcome everyone to our yearly resident appreciation event! This year we will be celebrating YOU with a day of fall entertainment and events. The entire front parking lot of Kroontje will be turned into a joyous fall festival complete with:

Grandpa Ike's Mini Doughnut Truck, Manns Sausage Company Food Truck (Cheeseburger Throwdown Champ), Free Coffee & Cider Station, Live Music, Petting Zoo, Classic Cars, Crafts for Sale, Pumpkin Craft Activities, Dunking Booth, Games & Door Prizes, and a Pumpkin Shot Put challenge!

Would you like to assist in the preparations for this fall festival? Please contact Jonathan Tate to sign up for volunteer opportunities at 443-0407.



Come visit our stylists at the Tea Tree Salon.

Debbie

Thursday 8:30 AM - 4:00 PM

Linda

Friday 8:30 AM - 4:00 PM

Call 443-3817 for appointments. Walk-ins are also welcome.



EV Car Charging

Don't forget! We have an electric car charging station in the upper parking lot at the Village Center.

It is easy to use and costs only \$1.00 / hour. You can pay at The Village Center front desk.

Are you thinking of buying an electric car?

A sub-committee of the Resident Green Committee is studying the need for charging stations. Contact Tom Loveday for more information: h8nite@gmail.com.

Free Computer Assistance

For assistance with hardware problems, connectivity issues, printer and wireless connections, contact Bill Baker at 552-1727. Zed Hrubec is available to help residents with the Windows 10 operating system as well as Windows applications. His contact number is 541-250-2154.

Cookies for Containers

Help us cut down on waste at the Huckleberry Cafe. Bring your black plastic to-go container back to the Cafe and you'll receive a free cookie each time you do. Thank you for helping us waste less at Warm Hearth!

Walk to End Alzheimer's

The NRV's Walk to End Alzheimer's will take place on **October 5th** at 8:30 AM at Virginia Tech's Henderson Lawn. Warm Hearth Village will participate again this year. Won't you join us in the fight to end Alzheimer's?

Chateau Morrisette Winery Trip

Sunday, October 6, 1:00 - 4:00 PM

This is an off-campus trip to visit Chateau Morrisette for two hours to hear live music, enjoy the scenery, and try Virginia wine and light fare if desired! Stay tuned for more details in the next Log.

SPECIAL ANNOUNCEMENTS

Village Center Closings

Friday, August 30 (parking lot sealing)

Cafe - closed all day

Fitness & Marketing - close at noon

Saturday, August 31 (parking lot sealing)

Entire Village Center - closed all day

Sunday, September 1 (normally closed)

Entire Village Center - closed all day

Monday, September 2 (parking lot sealing)

Entire Village Center - closed all day

WHV Shuttle Service - Additional Hours!

Intra-village shuttle service is now available from 9:00 AM to 5:00 PM on Mondays, Wednesdays, and Fridays. Please call 320-9368 or 552-2419 to arrange your ride throughout the Village. Destinations include the Village Center, the Carilion Clinic, Showalter Center, and Kroontje Health Care Center.

Transportation - Moss Arts Center Events

Residents often purchase tickets for performances at Moss Arts Center well in advance of the event. Unfortunately, we are not able to confirm transportation until closer to the scheduled date of the event. For example, there are already requests for dates in the 2020.

Residents should send their requests to Rodney Justus via email at rjustus@warmhearth.org. Once transportation is confirmed or NOT, Rodney will inform residents. He will try to give as much notice as possible to allow residents to make other arrangements in case we are not able to provide transportation.

Speed Limit!

Please observe and follow the speed limit on our campus and remember to drive slowly and carefully in parking lots and around our buildings.

Weed Help!

On behalf of the WHV gardeners, we could use help with undesirable vegetation in between the beds, especially the Creeping Nutgrass and any weeds or vegetation along the perimeter fence.

Warm Hearth Singers

The Warm Hearth Singers will begin fall rehearsals for their winter program starting Wednesday, Sept. 11th from 4:00 to 5:00 PM at Karr Activity Center. Rehearsals will be held on Wednesdays only for this semester's rehearsals.

Cable TV Update – August 23, 2019

A Message from Molly Nevitt, CFO of Warm Hearth Village

As your new CFO, my responsibilities include oversight of all accounting and finance functions at Warm Hearth Village, in addition to Network Services.

As many of you know, Warm Hearth Village has been in the process of upgrading the cable television service to a full high definition signal. We started this project with the anticipation that there would be minimal disruption to service and a short completion time. Unfortunately, we are now several months into this transition, with assorted unanticipated glitches in the changeover process causing frustration to many cable subscribers.

Although I am new to Warm Hearth, I have been provided background information on this project from Network Services and well as feedback from several residents. I understand and apologize for the hardship these issues have caused many of you. In recognition of the ongoing disruption to cable service over the past several months, we will be issuing you a credit for your cable service for the month of September 2019. Your next statement will reflect the credit, with only the Internet portion of your bill due (if you subscribe to Warm Hearth's Internet service). Please note, the credit only applies to the cable portion of your bill (payment for Internet services should be made as usual).

After several very challenging months, we are now at a point where we have identified a viable solution which is in the process of being implemented. We ask that, if you are continuing to experience problems with your cable service at this time, please contact Network Services at 443-0408. They will schedule a time at your convenience to come by your home and resolve any remaining service issues. I apologize for the inconvenience this transition has caused and thank you for your continued patience as we wrap up this project.

I look forward to getting to know you and working together in the future.

Resident Engagement Action Plan Update

In response to resident feedback, staff from throughout the Village have created a 2019 Resident Engagement Survey action plan. It contains a variety of action items across disciplines that include Maintenance & Grounds, Nursing Services, Resident Services (Life Enrichment, Transportation & Cable TV/Internet and Dining & Housekeeping. Work is well underway addressing your concerns and enhancing efforts already in place and we'll spotlight some of the action items each month here in The Log.

Item 1: Maintenance & Grounds – Trash/Recycling Pick-Up

We have expanded service to twice-weekly for our apartments and townhomes. We are also working with Teresa Sweeny of Montgomery County to identify system improvements that can be implemented as our budgets allow. In the Fall of 2019, we will conduct a pricing comparison for recycling providers in an effort to reduce costs.

Lifelong Learning Institute - Registration

Registration for Lifelong Learning Institute courses began on August 26.

Email: lifelonglearning@vt.edu

Phone: (540) 231-4364

Web: <http://www.cpe.vt.edu/lifelonglearning>

Visit our website to be added to the mailing list.

Delicious New Treats!

Stop by the Village Bake Shop at the Huckleberry Café starting on August 26 and try out our new sweet treats. You'll find new recipes for old favorites like chocolate chip, oatmeal raisin and white chocolate, cranberry and walnut cookies, and we'll be introducing a weekly rotation that now includes treats like lemon-blueberry pound cake, iced sugar cookie cutouts, homemade cinnamon rolls, fun cupcakes, lemon ricotta cookies, black and white cookies and homemade granola/nut mix. We will also take requests for your favorites and try to keep things fresh with new additions from time to time. Enjoy with a cup of coffee or grab some to take home for later! Cookies and cupcakes available by the dozen and whole cakes baked to order when you call Lynn in advance at 443-3457.

Recycling Items at Karr Activity Center

Recycle batteries, CFL bulbs, and eyeglasses in the tower of wicker baskets just inside Karr Activity Center. There's also a basket for Box Tops for Education.

So far this calendar year, \$100.10 in Box Tops has been given to Prices Fork Elementary School. Keep saving those Box Tops so we can reach our goal of \$200.00! Thanks for your help!



Store Hours:

Karr Activity Center

Monday: 9:30AM-11:00AM
2:00-4:00PM

Tuesday: Closed

Wed thru Fri: 12:00-4:00PM

NEW HOURS!!

Christiansburg Location

Wednesday 10AM-5PM

Thursday 10AM-4PM

Friday 9AM-4PM

Saturday 8AM-3PM



OUT AND ABOUT

George C. Marshall Museum Bus Trip to Lexington, Virginia Registration Deadline - September 2

This is a special trip coordinated by a Warm Hearth Village Book Club. The trip costs \$19 per person and includes transportation and museum admission. Lunch is extra. Participants will visit the museum, where the Friedman Papers are housed. William Frederick Friedman (1891-1969) was an American cryptologist, considered by experts to be the greatest of all time.

Thursday, September 12, 9:00 AM to 4:00 PM

Pick up is at Warm Hearth Village Center at 9:00 AM with a prompt 9:15 AM departure. Arrival is 11:00 AM, with lunch at Sheridan Livery at 1:00 PM. Estimated return to the Village Center is 4:00 PM.

Registration is required by September 2. Maximum of 23 participants. Minimum of 15.

Call Joy Herbert at 540-443-1142 at the Town of Blacksburg Parks and Recreation.

Payments can be made by check or credit card.

Contacts / Phone Numbers

The Village Center

Front Desk / Concierge: 443-3800

Huckleberry Cafe: 443-3801

The Village Gourmet Catering: 443-3457

Fitness Center: 443-3474

Healthcare Information - Linda Kirkner: 443-3415

Life Enrichment

Mardy Baker: 443-3434 (Karr Activity Center)

Steve Leist: 443-3810 (Village Center)

Susan Bixler: 443-3800 (Village Center)

Jonathan Tate: 443-0407 (Showalter)

Jordan Benedict: 443-3411 (KHCC)

Village Happenings Hotline: 443-3473

Carilion Family Medical Clinic (on campus)

540-558-2400

Hours of Operation:

Mon, Wed, Fri from 8:00 am to 5:00 pm

(Closed 12:00-1:00 PM for lunch)

Warm Hearth at Home

Information & Assessments

443-3428 or www.whvathome.org

Tea Tree Salon: 443-3817

Fireside Cafe, Showalter Dining: 443-3429

WHV Main Switchboard: 552-9176

Blacksburg Transit: 961-1803

Transportation & Housing: 552-2419

LOG Comments / Questions: Sara McCarter, smccarter@warmhearth.org

Our Mission

Fostering a person-centered approach to aging in an inclusive environment that redefines retirement.

Our Vision

To nurture a transformative culture where people live and work in a community, knowing their contributions are essential to our success.